

YourHub

[Adams County](#)

[Arapahoe County](#)

[Aurora](#)

[Denver](#)

[Douglas County](#)

[Jefferson County](#)

[Search...](#)



0 Prep sports

Like

0 Tweet

0 Share



Read the latest high school sports stories from The Denver Post beat writers. [Read more »](#)

Search real estate

Search Local Listings

- For Sale
- Rentals
- Open Houses

Enter City, Zip, Amenit

SEARCH

YourHub on Twitter

Littleton Senior Inducted into the Colorado Swimming Hall of Fame

Posted by balfourseniorliving on April 9, 2019 in Arapahoe County, Denver, Littleton | 43 Views | [Leave a response](#)

Balfour Senior Living is proud to announce the induction of resident Bob Patten into the Colorado Swimming Hall of Fame. Members of the Balfour family are encouraged to live healthy lives and pursue their passions. Bob is a wonderful example of what it means to stay young by continuing to do what he loves.



Bob has been an assisted living resident of Balfour at Littleton since November 2018. He was born in Colorado on August 5, 1934, in the heart of Denver. Leading up to high school, he was more interested in football and baseball. After attending East High School, he fell in love with swimming and focused on the sport full time, becoming No. 1 in breast stroke on his team. Since age 11, Bob worked for a local boating business, with his hard work culminating in sole ownership at age 19.

Bob began his college career at the Colorado School of Mines, then transferred to the University of Denver

YOURHUB STAFF STORIES

[These Colorado kids had trouble getting to preschool, so teachers drove the classroom to them](#)

April 11, 2018
Most kindergartners at Federal Heights Elementary School are minority students on free or reduced lunch. The Right On Learning Mobile Preschool aims to give them a head start.

[Hikers and history buffs rejoice: Historic Welch Ditch will reopen in 2020 as part of the Peaks to Plains Trail project](#)

April 5, 2018
A former irrigation ditch that helped shape the Front Range will be preserved thanks to Jefferson County Open Space funding

[Golden could have 20,000 square feet of outdoor space ideal for concerts and events if a local church gets its wish](#)

April 5, 2018
If Golden's planning commission approves the proposal, construction could start as early as this summer for outdoor, public plaza and parking garage in downtown Golden.

[Arvada apartment complex part of](#)

YourHub.com Retweeted



South Metro Fire Rescue
@SouthMetroPIO

A good deed for an elderly couple doubled as a training opportunity for South Metro's Technical Rescue Team today. When paramedics responded to a medical emergency at a home in Centennial, they noticed dangerous structural damage above the front door from shifting soil. 1/2



15h

0

Like

Tweet

0

Share



YourHub.com Retweeted

Michael B. Hancock
@MayorHancock

Hev. Denver! Today is the last

Embed

[View on Twitter](#)

to receive a partial swim scholarship. He eventually left school to focus on the boating business.

In 1959, Bob married Zita, a fellow swimmer. Soon after, they had two sons who would become star swimmers themselves. Bob continued to pursue his swim career while managing multiple businesses and traveling with his boys to swim events.

From 1967 to 1972, Bob, Zita and their children embarked on a family RV journey around the U.S. to swim as a family. Soon after their return to Colorado, U.S. Masters Swimming was established. Bob caught onto the craze and participated in the first short course meets hosted at Englewood High School. He was surprised at the number of people who flew in from all over the U.S. to compete.

In the 1980s, Bob's sons headed off to high school, giving Bob more free time to swim again. He participated in many masters swimming events, traveling all over the country and swimming his way to the top of the competition. Bob still holds the 1985 U.S. Masters National Record for the 50 and 100 Breast (SCM), as well as four additional national records.

He continued to swim throughout the 1990s, competing in national meets and traveling as far as the Maui Channel. Bob also competed in triathlons, placing third in the Budweiser Triathlon. During the height of his athleticism, he became a grandfather. In 2004, Bob set the 200-yard breaststroke world record for the 70-74 age group, just 100 short days after laparoscopic prostate surgery.

Bob has exhibited great strength and determination throughout his life, beating cancer twice. He remains dedicated to his workout regimen, training seven days a week at the Denver Athletic Club, where he was awarded Athlete of the Year and Master Athlete of the Year.

About Balfour Senior Living

Founded in 1997, Balfour Senior Living has received national and international recognition for its design and operations including awards from the Assisted Living Federation of America, Hospitality Design Magazine, the Colorado Chapter of the American Institute of Architects and the Pacific Coast Builders Association. Currently, Balfour operates communities located in downtown Denver, Littleton, Louisville and Stapleton offering residents a full continuum of care

controversial "\$30 land deal" advances despite drawing ire from residents over height, architecture
April 4, 2018

After rejection in January, developer Trammell Crow came back with a modified proposal that passed on a 6-1 vote.

Regis University aims to bridge the gap between public and veterans through "Stories From Wartime"
March 29, 2018
Program aims to ease troops' transition from war to home and address the disconnect between veterans and civilians.

Jeffco emergency responders prepare for future county crises by combining forces to improve response times
March 23, 2018
Fire and police stations across Jefferson County come together to take steps this month that will improve customer-service and 911 call response times.

1,200 animals are headed to Littleton's new SeaQuest interactive aquarium inside Southwest Plaza mall
March 22, 2018
Meet and greet hundreds of species, like otters and octopuses, at Littleton's new interactive aquarium.

Local charities face off in a bracket-style, single-elimination fundraising tournament
March 22, 2018
For the March Madness lovers in Colorado who are looking for more, this month also plays host to a second and slightly different kind of tournament with brackets to fill -- an exciting and

with independent living, assisted living, memory care and skilled nursing care. Balfour's vision is to offer a state-of-the-art senior living community with comfortably elegant interior design, locally-inspired architecture, enhanced amenities and personalized health care services. For more information contact: BalfourInfo@BalfourCare.com or 844.354.8877.

Posted in Arapahoe County, Denver, Littleton | Tagged senior health, senior living, swimming

About the Author



balfourseniorliving

Balfour Senior Living operates communities located in downtown Denver, Littleton, Louisville and Stapleton offering residents a full continuum of care with independent living, assisted living, memory care and skilled nursing care. Balfour's vision is to offer a state-of-the-art senior living community with comfortably elegant interior design, locally-inspired architecture, enhanced amenities and personalized health care services.

Leave a Reply

You must be [logged in](#) to post a comment.

competitive challenge that leaves all participants with a win.

[Play Ping-Pong, cornhole at Lakewood's revitalized Lasley Park as early as this summer](#)

March 21, 2018

New playgrounds, gardens and an outdoor fitness area are just some of the additions headed to Lasley Park.

[Dignity is first priority at this Colorado nonprofit. That's why they revamped their food pantry to let clients choose what they'll take home](#)

March 21, 2018

Thanks to the revamped food bank's new "client's choice" program, those in need will now be able to select their own groceries as opposed to receiving a prepacked food box.

0

Like

Tweet

0

Share