



BALFOUR

SPECIALS

June 14th - 20th

sunday

BREAKFAST

scrambled eggs with hash browns, bacon and fresh fruit

LUNCH

lamb and lentil burgers, rice and salad

DINNER

catfish vera cruz, mashed potatoes and melange of veg

monday

BREAKFAST

Denver omelet with hash browns and fresh fruit

LUNCH

sausage, peppers and onions served with mashed potatoes

DINNER

shrimp and pasta primavera

SPECIALS



june 14th - 20th

tuesday

BREAKFAST

waffles with maple syrup and whip cream, bacon, and fresh fruit

LUNCH

waffles with maple syrup and whip cream, bacon, and fresh fruit

DINNER

waffles with maple syrup and whip cream, bacon, and fresh fruit

wednesday

BREAKFAST

pancakes and maple syrup with sausage and fresh fruit

LUNCH

salmon salad wrap, spinach tortilla, roasted potatoes and field greens

DINNER

berry BBQ sliced brisket, broccoli slaw, warm Potato Salad

SPECIALS



june 14th - 20th

thursday

BREAKFAST

biscuits and gravy, ham steaks, hash browns and fresh fruit

LUNCH

fried shrimp with rice pilaf and vegetable of day

DINNER

berry bbq sliced brisket, broccoli slaw, warm Potato Salad

friday

BREAKFAST

scrambled eggs with cheese, hash browns, bacon, and fresh fruit

LUNCH

chicken caesar wrap with french fries

DINNER

chicken breast marsala, mashed potatoes and sauteed spinach

saturday

BREAKFAST

french toast with maple syrup, hash browns, sausage, and fresh fruit

LUNCH

seared scallop over house salad

DINNER

grilled rib eye, mashed potatoes and vegetable of day